100 Marathon Club

www.fickelab.southsidemasters.org

January 2014

Bob's Run

Hello Marathon Club Members & Friends

Happy New Year to you all, I hope you all had a wonderful festive season and happy running in 2014.

From our humble beginning back in 1996 when I started to compile this list of marathon runners, I am proud and pleased to say we now have 43 members - 40 males and 3 females.

In 2013 we had:

- Four new 100 marathon club members:
 Trent (Marathon Man) Morrow, Jane Sturzaker,
 Gary Pattrick and Doug Kewley.
- Five runners completed the Australian Sweep: Hayden Marshall, Glenn (Horrie) Lockwood, Simon Roberts, Warwick Bible and Jeff Buxton.
- Four runners completed the Anzac Sweep:
 Paul Crouch-Chivers, Simon Roberts, Glenn
 (Horrie) Lockwood and Jeff Buxton.

Club Rules

The rules for the recognition of marathons by the Australian 100 Marathon Club have been reviewed. Effective from 1 January 2014, criteria have been established to help determine what constitutes an official marathon.

In completing this review, reference has been made to the rules of other 100 Marathon Clubs in France, Denmark, and England, as well as the US 50 States Marathon Club and Marathon Maniacs.

An official marathon for the purposes of the Australian 100 Marathon Club is one where:

- The event is advertised in advance as a marathon;
- The event has a registration process for any and all runners to enter;
- The event has a recognised race director;
- The event must have published results to allow verification of claims; and
- The event must have a minimum of three (3) finishers.

Australian 100 Marathon Club Marathon

On Sunday 2 March 2014 we will be hosting the Chairman of the Austrian 100 Marathon Club for a friendly marathon at Dolls Point, NSW. The course will be run on shared cycling / walking paths alongside Botany Bay, a course that has been described as one of the most scenic in Australia.

Please contact Race Director Bob Fickel (<u>fickelab@hotmail.com</u>) to express your interest in participating in this event as either a runner or volunteer. The entry fee will be \$20, with all funds being used to provide drink stations during the race, trophies for 1st, 2nd & 3rd male & female, and a barbeque for all runners and volunteers afterwards.

Full details of the event will be available on the club website, and results will be published on the club website as soon as possible following the event. Entries will be limited to no more than 100 runners.

Details

Start: 6:30am Peter Depena Reserve, Dolls Point

Distance: Marathon

Entry: \$20 payable in cash to Bob Fickel which can be paid on the day

CONTACTS

Bob Fickel fickelab@hotmail.com (02) 9520 3986 PO Box 744, Sutherland, NSW 1499

Michael Gentle webmaster@southsidemasters.org

Vale Gerry Riley

With much regret I was informed on Facebook by Kevin Cassidy of the passing of marathon and ultra marathon legend, Gerry Riley.

Gerry once held the Australian record for most marathons run in Australia. Grahame (Mountain Man) Kerruish took over the record from Gerry, but Gerry didn't make it easy for him. Grahame once told me he went to Mount Beauty only to find Gerry there, so to get the record Grahame had to look around for another marathon at Brisbane. Both Grahame and Gerry ran Melbourne marathon in June 1994, which was 133 marathons for both of them. Gerry ran Melbourne in October and then Portland to finish 1994 on 135. Gerry slowed down after that, but Mountain Man stepped up his assault on his marathons and ran 20 in 1994. He claimed the Australian record at Kempsey that year and finished 1994 with 147 marathons.

I was told Gerry wanted to run 150 marathons - he got to 146 with his last marathon being Melbourne 2010 which was Gerry's 80th birthday. He ran with his grandson Harry and his daughter Katherine who finished ahead of her father and nephew. There was an interview with Katherine on a radio station where she committed to run the other 4 marathons for her father. Katherine ran the Gold Coast in 2013 and will run Tassie next week, I'm not sure if she ran Melbourne last year.



Gerry Riley, Bob Fickel, Grahame Kerruish - Melbourne Marathon 2002

The Australian Ultra Runners Association published the following:

It is with great sadness that AURA has been informed of the passing of life member, ultramarathon legend and keen supporter of ultra-running, Gerry Riley. AURA is indebted to Gerry, an original keeper of the AURA stats back in the days before computers and word processing which meant he had to rewrite the ranking lists by hand after every event. Haven't times changed.

Fellow AURA life member Kevin Cassidy had this to say about Gerry:

"Gerry Riley passed away peacefully on December 16 having suffered a couple of strokes in recent times. When I made my own entry into the world of ultras in the mid 80's, Gerry was in his 50s but still mixing it with the best. I marveled and admired his strength, durability and longevity over a career that included more than 100 standard length marathons and untold number of ultras across the entire spectrum from 50 milers to the Colac six day race. Gerry didn't just complete these events, he was always at the pointy end. A clear highlight was his win at the National 24 hour championships in the early 80s against runners many years younger. Having now hit the mid 50s myself and barely capable of plodding out 5km, my admiration has multiplied many times over.

It was indeed my privilege to have shared the track/road with him on many occasions. Upon discussing his high volume of racing, Gerry was quite succinct, 'You're a long time dead, so you have to do these things while you're alive'. Gerry was 83."

AURA would like to extend thanks to Kevin for his insights into one of the truly remarkable ultrarunners of our nation, and also extends condolences to the family and friends of Gerry and those that remember him fondly.

A summary of Gerry's ultra performances can be found at www.fickelab.southsidemasters.org/. Above is a photo of Gerry also from that site.



Peter Logan & Gerry Riley celebrate 100 marathons - Traralgon Marathon 1989

New Members in 2013

Trent "Marathon Man" Morrow



"Marathon Man" Trent Morrow with "Ultra Marathon Man" Dean Karnazes – Oakland Marathon 2013

Trent completed his 100th marathon on 24th March in Oakland U.S.A. This was his 33rd marathon for 2013 as he chased the Guinness record for the most marathons run in a calendar year.

Trent finished 2013 with a total of 161 official marathons, successfully breaking the Guinness record that had previously been set at 157 in 2012.

Gary Pattrick

Gary Pattrick completed his 100th marathon at the Gold Coast in July in a time of 4hrs 9mins 28secs. The photo below shows Gary with his customized bib for number 100. Gary was 3rd in the over 45 category for the Army Running Team.



Jane Sturzaker

Jane Sturzaker completed her 100th marathon in Canberra in April. Jane became the 3rd female to complete 100 marathons in Australia, with the other two being Julia Thorn and Jane Trumper.



Paul, Jane & David - Canberra 2013

Jim Crawford was in Canberra, but not running. I believe his daughter lives in Canberra, so I asked Jim to come along for Janes' presentation. I thought it was appropriate for Jim to present Jane with her 100 marathon club t-shirt and cap as Jane and Jim often run together on a Tuesday night.



Paul and David presented Jane with a flame photo from one of their many Gold Coast Marathons. Jane's friends from Melbourne also presented her with a few gifts, and I presented Jane with a 100 pendant on behalf of Jane Trumper.

Doug Kewley

Doug Kewley completed his 100th marathon in Adelaide in August in the excellent time of 3hrs 31mins 59secs. This was his 26th Adelaide marathon - Doug is legend number 9 in Adelaide Marathon and Lester Smith is number 8.

Sorry no photo of Doug's 100th marathon, but we found a photo of Doug from one of his 26 Adelaide marathons.

Doug recently competed in a 8-day event in Monaco in November 2013, finishing in 7th place with a total distance of 754.810km. He also completed a 6-day event in South Africa this month where he claimed victory with a total distance of 612.99km. Congratulations Doug!



100 Marathon Club France

Jane Sturzaker caught up with our friends from France at the Marathon du Medoc in September 2013. Medoc is a fun event where many competitors run in fancy dress costumes or disguises.

www.100marathonclub.fr



Marathon du Medoc 2013

Jane Sturzaker with members of 100 Marathon Club France

Marathon Happenings

Mail from Vienna

Hello Bob, Anni and friends,

Time passes by so quickly, almost 6 weeks since our last e-mail correspondence are gone.

Well, I reached my goal last Sunday in Reggio Emilia, Italy - that was my 52nd marathon in this year (the marathon maniacs in the US give 10 stars for that amount, you cannot climb higher in their scale). On the same time it was the Austrian record for marathon collecting per year but everything is relative: there are ultramarathon runners who conquer the continent from Portugal to Moscow in 50 days ...

I was asking you for organising a so-called invitation or sort of friendship marathon between members of 100 marathon clubs (I'm the chairman of 100 marathon club Austria). Me and my wife are on a world cruise that will start in Savona on Jan. 6th. The ship Costa Deliziosa comes to Sydney on Feb. 28th at appr. 1 p.m. and lies 3 nights (2 1/2 days) in the harbour until March 2nd (6 p.m.). Then we will continue to Melbourne and stay there for one day (March 4th, 8 a.m. to 8 p.m.), finally it sails to Perth and we stay there for another day (March 8th, 8 a.m. to 10 p.m.). The stay overnights in Sydney on a weekend would offer many chances to run a marathon there - I checked the websites, but didn't find any official one organised by a running club. So I contacted you. You and your friends/members have much routine in regard to running long(er) distances.

I could imagine the following scenario/masterplan.

The 100 marathon club Australia announces a friendship marathon on its homepage for a limited number participants (minimum 3 runners, max. 20) on March 1st or 2nd, 2014. The marathon course could be in or outside the city in a zone with less or no traffic. Or in a forest, on the countryside or simply running several times at slow pace across the bridge, pass Darling Harbour, the Opera House a.s.o. The marathon distance should be reached of course, controlled by GPS watches (every runner presses the button when starting). We could carry the water bottles with us, so no extra supply is necessary. But I would have to run in the group, because I don't know the city/area well enough not to get lost. If we ran in a group in a slow pace (finishing around 4:30) and split at km 40 (25 miles), we would have different finishing times. If you could find a round course the competition is open from the very beginning.

We did a world cruise in 1994 at our 40th birthday, now 20 years later (being 60 in January) we do it again. So I thought when being in Australia I must try to combine this stay with any marathon. It's a pity that obviously no running club offers a race nearby. I even thought of staying some days longer in Australia and fly to Singapore in order to run a marathon there.

What are the factors:

- date (Feb. 28, afternoon, better: March 1st and 2nd all day/night long)
- course (sort of sightseeing in Sydney until 42,195 km are reached GPS control; outside the city as trail running or f.i. in serval rounds in an area with less/no traffic).
- competition (running in a small group f.i. in the City, at the end free pace so that some are classified ahead)
- announcement of the marathon on the club's homepage (limited participants)
- the results must be published as well on the website
- sort of a print-out (confirmation that he/her ran the marathon in a time of)
- fee (as everybody likes)
- other expenses (I could/would cover them!)

Please discuss it with your friends. We here in Vienna could offer at any time a friendship marathon in our biggest park called Prater that is flat, 4 km in one length and has asphalt or trail surface. So once you come to Europe/Austria/Vienna I could arrange a marathon for you.

I'm looking forward to getting another positive answer from you.

With best regards from Vienna, Anton Reiter