

100 Marathon Club

www.fickelab.southsidemasters.org

July 2012

Bob's Run

Hello Friends

I'm sorry it's been a while - it seems that I started this news letter but didn't get to finish it. So there's some old news and some new.

It may be because I have copped some criticism over time about the distance of some races and this has played on my mind a bit. But now as time has moved on runners understand the criteria I hope.

History of the 100 Club

Back in the 1990's after Grahame Kerruish (MM) and Chris Stephenson (Big C) completed their 100th marathon in the Cities marathon from Sydney to Blacktown in August 1992 we realized that there were a number of runners clocking up a lot of marathons.

With the help of MM and Big C who had been on what we called the marathon circuit, I started to compile a list of runners who had run 100 marathons or more. These were runners like Jim Crawford, Martin Thompson, Bernie Brennan, Peter Logan, Gerry Riley, Frank Byrne and others.

Before this there was no 100 marathon club. You may have had an article in your local news paper or a running magazine, so we have come a long to get the recognition you deserve.

Since I started this list with the help of our friend Mohamad who set up a web site there has been a number of marathon runners who have reached this milestone. I wouldn't know where to start I would have to say it was before Dennis Cunniffe and I ran our 100th in Canberra 1998 so maybe 1995 or 1996.

So just to name a few Corrie Davel (Jun 1996), Peter Gray (Nov 1997), Kelvin Marshall (Jul 2003), Dave

Styles (Nov 2004), Steel Beveridge (Jul 2007), Peter Bryar (Oct 2007), Dave Elliott (Jul 2008), Brian Glover (Oct 2009), and the list goes on.

There is our 1st lady Julia Thorn (May 2010) and two runners who have overcome big hurdles - Ray James (Apr 2009) and Steve Mifsud (Nov 2011). I'm proud of both Ray and Steve.

Ray who gave up alcohol and got himself fit enough to break that 3hr barrier not once, but twice in June 2002 and then July 2007.



Ray James



Steve Mifsud

Steve who suffers from Crohn's disease checked himself out of hospital just so he could complete a marathon in each state and territory. To relieve the pressure in his legs Steve would take his shoes off for the last 12 to 10k and that's how he got the nickname 'Barefoot' on Coolrunning.

Steve completed his 100th marathon plus ultras in New York Marathon 2009. I presented Steve with a 100 marathon cap but he wanted a t-shirt too. Steve had to run another 8 marathons to earn a 100 marathon club t-shirt, which he did in Blackmore's Sydney Marathon 2011. Sometimes he had entered the marathon but because he was so sick he would drop down to the ½ marathon or 10k or 5k.

You can find their articles on the web site as well as many more.

CONTACTS

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Grahame Kerruish

I looked at the 100 marathon club web site the other night and MM's marathon list was not there so I scrolled down and Michael has retired him before I can make an official announcement.

Yes it is official Grahame ('Mountain Man') Kerruish has retired from running marathons. Grahame turned 73yrs old on the 10th of May. His love of his life these days is his lovable Staffordshire Bullterrier named Chloe from Mudgee.



A bit of info from Grahame

- His 1st marathon was the Wang marathon on the 10th of June 1984 4hrs 6mins 19secs which was his mother's birthday.
- His last marathon was the Macleay River Marathon South West Rocks June 2012 8hrs 12mins 25secs which happen to be the anniversary of his mother's birthday.
- 312 marathons = 13,164.84kms.

Grahame has also completed 66 ½ marathons; 81 ultras including the 1988 Sydney to Melbourne; 21 triathlons which includes 3 ½ Iron Man races; and numerous events under 21.1km.

Over many years we have travelled many a road and highway, and ran many marathons together. MM, Big C, Kenny Ingersole ('Mountain Boy'), Warren Hughes ('Wasa'), George, Dennis and many others. We have also met many wonderful people runners and non – runners and (nun runners) Big C and Ian Hutchison and Friar Max Bogenhuber.

We have run some good times but we have had some great times. We would drive 12hrs to Melbourne or Traralgon or Gold Coast or 5hrs to Wagga Wagga and many other places. Many times we have driven down the Hume H'way to Holbrook and stopped at the bakery for great pies, thick chips and coffee.

We would always remember our friend Ernie Cattle Sydney to Melbourne runner from Holbrook who died in an ultra light plane crash. Ernie attempted the Westfield run 3 times but always went out too fast and never got to the finish.

We have drunk many a beer before and after the

marathon. Not the right preparation to run a marathon, but MM's little saying "time doesn't matter only when you in goal".

Yes it is all memories now the time we went to Honolulu marathon 12 December 1993 what a great time we had in one week. We have many stories to tell like Grahame's circuit cars Charlie Charger and Harry Q his V8 HQ Holden now both like Grahame retired and have been sold - the cars not MM.

If you have a story you would like to tell please send it to us.

Website

Michael Gentle is now our web master as Mohamad has moved overseas. Michael is doing a fantastic job with the website and keeping it up to date. Michael has two other sites he also has to keep up dating – Southside Masters and St. George Athletic clubs. He is so quick sometimes I think he is at the finishing line just waiting for 100 club members to finish so he can update their marathons.

There are still a few runners who have not sent in their list of marathons and a photo. I understand that some runners have lost their certificates or records.

Michael G. has spent hours finding some of these runner's marathons, but it's not up to Michael to search for your marathons. It is not much to ask you to send us a list of your marathons. If you have run 100 or more you must have some sort of record, maybe a box in the garage or the shed in the attic. It would be much appreciated if you could help Michael G to complete your marathon list by checking your records if you have them.

When you look at the amount of people that live in Australia we are an elite group of runners. We have ran not 1 marathon but 100 or more. We are a mere drop in the ocean compared to many overseas runners who have run 100's of marathons 400, 500, 600 and many more. So don't be shy - be proud of what you have achieved.

Ausrunning

Michael Peters from Victoria has a web site <http://ausrunning.net/> where he is compiling the results of every Australian marathon since 1909. The site is regularly updated, and recently has been completely redesigned. You can easily search for all of your Australian marathons, not overseas marathons.

Michael P. is looking for more results and hi-resolution digital photos of Australian marathons for use as the background on the Ausrunning site, so if you can help Michael he would very much appreciate it.

Marathon Happenings

Now for some old news. I don't know where 2010 or 2011 went, but here we are half way through 2012.

I want to go back to October 2010 and the Melbourne marathon. The marathon was on Sunday the 10th of October 2010 which just happened to be Gerry Riley's 80th birthday. To celebrate his 80th birthday Gerry decided he would run the Melbourne Marathon just one more time. It was Gerry's 146th marathon. Gerry once held the Australian record for the most marathons until Mountain Man overtook him in June 1994.

To keep Gerry company his daughter Kathrine Davies and his grandson Harry Dunlop both running their 1st marathon would run with Gerry. Gerry told me that Kathrine wanted to run a bit quicker so Kathrine finished in 4 hrs. 41 mins 42secs Gerry and Harry finished in 6hrs 10mins 37secs.

Gerry told me that Harry did very little training as he is in the army and at 10km mark Harry did 10 push ups while waiting for his Grandfather. Harry said are you ok Granddad and Granddad said yes and off Harry went. Gerry said Harry would do that every now and then and at 39k mark he did 39 push ups. Some weeks after the marathon Harry was sent to Afghanistan for duty we hope he stays safe.

While I'm on the Melbourne marathon two 100 club members Bruce Hargreaves ('Digger') and Roger Weinstein are two of only 10 legend left who have run every Melbourne marathon. This year they will line up for their 35th Melbourne marathon.

Jane Sturzaker will be running her 100th marathon in Melbourne, and hoping some of us will be able to join her.

Jane Trumper will run her 100th marathon in Sydney in September Blackmore's. I will be there but I won't be able to keep up with Jane as she will be running well under 4hrs. I have just been told tonight that Jane Trumper has just run 3 marathons in 3 days in Cairns Queensland, so both Janes are now on 96.

We also have 5 other runners in the 90's Mick Francis 98 will run his 100th at Rottnest Island in October.

Gary Patrick 95, Doug Kewley 95, Paul Crouch-Chivers 95, David Cannings 94.

Congratulation to Rick Patzold, Rick ran his 100th marathon at the Gold Coast on the 1st of this month July in a great time 3hrs 13mins 49secs.

We now have Wiki page where you can list your next few marathons. The idea is so that we can meet up with 100 club members and others runners as well. We could meet for a coffee or a beer or a meal the day before the marathon or after the marathon. Digger had organized a night out at a surf club for this year's Gold Coast marathon and meet up with our New Zealand members. Last year he did something for the Melbourne marathon.

I have to finish for now but will write again soon because I have more to tell about our New Zealand members and overseas members.

Happy Running Bob Fickel



2012 Macleay River Marathon